

1. Non-Financial Information

Name of Organisation: Caregiving Welfare Association	Contact Information
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Charity Status 1. Charity Regn No: 01778 2. Charity Regn Date: 13 May 2004 Constitution: Society Date of Establishment: 24 April 2004 ROS/RCB Regn No: ROS 0395/2003WEL	IPC Status Commissioner of Charities – Charities Unit IPC No. IPC000659 Effective Date : From 1 August 2016 – 31 January 2019
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Objectives:

Provide assistance and care to enhance the quality of healthcare and well-being of the elderly and their caregivers.

Vision:

CWA envisions to be a leading agency in caregiving for the elderly through services that enable more elders to maintain their independence.

Mission:

To improve the quality of life of elderly through dependable direct care services, and to inculcate a generation of responsible and knowledgeable caregivers.

Programmes/Activities

• For current year: On-going Services

○ Elderly Wellness and Social Support

➤ Aimed at improving the physical, mental and emotional well-being of the elderly through:

- Health and Wellness Programme to promote healthy lifestyles and social activities engagement - Health Screening, Social Outings, Festive Celebration, Art and Craft Session and Monthly Food Ration

○ Welfare Support

➤ To assist elderly and caregivers to cope with difficult situation through:

- Home Medical Care – For home-bound elderly
- Caregiver Support Programme - Counselling, Case Management, Caregiver Support Group and Non-medical Homecare
- Eldersitter Programme

○ Education and Awareness

➤ To increase public awareness on healthy ageing, and to equip the elderly with adequate knowledge on ageing gracefully through:

- Caregiver and eldercare related talks and workshops
- Inter-generational Programmes
- Resource Centre

New Initiative – Community Mental Health Talk and Cognitive Screening Programme

CWA has launched the Programme in November 2015. This Programme is in collaboration with the National University Hospital, Department of Psychological Medicine, G- RACE Team. The Programme consists of a series of mental health talks and cognitive screenings to promote dementia awareness, as well as to facilitate early detection of dementia and depression in the elderly.

Since its launched in November 2015, it has been well received. Those elderly that were being identified to be at risk of developing dementia and depression were referred to NUH or other hospitals for further assessment. CWA will continue to review and reassess them every six months to monitor their cognitive condition.

Desired Outcome

Through the Programme, CWA hopes to not only benefit the elderly but also their caregivers. By helping the elderly improve their memory and enabling them to carry on with their daily living activities, will give them the confidence, grace and dignity to live life to the fullest.