



cwa

Caregiving Welfare Association

newsletter

NOVEMBER 2025

AGEING WELL, CARING BETTER

20 *Years*
OF COMPASSIONATE
ENDEAVOUR

FEATURED ARTICLES



Oceanarium Outing



Affordable Art Fair 2025 Outing

WE ARE HIRING



**MALAY-SPEAKING
COMMUNITY CAREGIVERS**

For more information and to apply, please click [here](#).

Fan-marbling Workshop



On 6 November, our seniors had a wonderfully vibrant afternoon at the fan-marbling workshop, generously organised by Rezeca Renewables.

With gloves on and brushes in hand, everyone got to dip, swirl, and create their own one-of-a-kind marbled fans. The room was filled with excitement, from curious experimentation at the paint tubs to big smiles as each senior proudly lifted out their colourful masterpiece.

Workshops like these do more than spark creativity. They bring joy, build confidence, and create shared moments of connection among our seniors.

Are you a senior aged 60 and above? Become a member today for FREE and join in the fun at our future events and activities. Unlock a world of enriching experiences tailored for you. For more details and to register, please click [here](#).

Seniors' Outing – Affordable Art Fair 2025



Art, laughter, and plenty of “Can help me take picture?” moments filled the day as our seniors explored the vibrant Affordable Art Fair on 15 November.

A heartfelt thank you to Fair Director Alan Koh and the Affordable Art Fair team for welcoming our seniors so warmly and making this experience so special.

Outings like these create opportunities for our seniors to stay engaged, inspired, and connected, and we're grateful for partners who help bring these moments to life.

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Seniors' Outing – Oceanarium



We're grateful to the wonderful volunteers from NTUC AREU for organising yet another meaningful outing for our seniors on 18 November – this time to the newly opened Singapore Oceanarium.

Our seniors had a truly memorable experience exploring the underwater exhibits and learning about marine life, all made possible through the patience, warmth, and companionship of our volunteers.

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Celebrating Partnership with Lions Befrienders



A heartfelt thank you to Lions Befrienders for presenting CWA with a Certificate of Appreciation at their recent Appreciation & Awards 2025.

Community work is never done alone — this recognition reflects the strength of our partnership and our shared belief that every senior and caregiver deserves dignity, support, and connection.

At CWA, collaborations like this amplify our impact on the ground. From joint initiatives to community outreach, we are grateful for partners who walk alongside us to uplift lives and strengthen the care ecosystem.

If your organisation is keen to collaborate or explore community partnerships, we'd love to connect. Reach out to us at marketing@cwa.org.sg or visit <https://www.cwa.org.sg>.



VOLUNTEERS NEEDED

- Events/Roadshows
- Community Engagement
- Festive Celebrations
- Outings & Workshops
- In-centre Activities

For more information and to apply, please click [here](#).



WE ARE **HIRING**

COMMUNITY CAREGIVERS ISLANDWIDE RECRUITMENT



- EARN UP TO \$19/HOUR
- NO PRIOR EXPERIENCE REQUIRED
- FLEXIBLE WORKING HOURS
- COMPETITIVE SALARY WITH CPF CONTRIBUTION

To apply, please click [here](#), call 6466 7996,
or email homecare@cwa.org.sg.

Support CWA's Mission: Donate Today!



At Caregiving Welfare Association, we strive to empower caregivers and enrich the lives of seniors. Each year, we require **\$1,000,000** to support our programmes and services, including operational costs, that assist isolated seniors, seniors in need, and their caregivers. In 2023, our programmes and services reached **1,377 beneficiaries**.

With a **\$45** monthly donation, you enable a caregiver to seek respite and attend one session of our Caregiver Support Group, reducing the risk of caregiver burnout.

With a **\$50** monthly donation, you provide breakfast and groceries to a senior, alleviating their financial burden.

With an **\$90** monthly donation, you provide 2 hours of Home-Based Personal Care (HPC) services for 2 homes, assisting with personal hygiene, meal preparation, companionship, and daily living activities, significantly enhancing their quality of life.

With a **\$675** monthly donation, you fund an art therapy workshop for 15 caregivers, offering them emotional and psychological support in a safe environment.

With a **\$750** monthly donation, you sponsor outdoor social activities for 15 seniors, promoting physical health and social engagement.

With a **\$1,000** monthly donation, you provide a health and wellness programme for 20 seniors, including exercise classes, social activities, enrichment workshops, and health screenings to maintain their physical and emotional well-being.

To support us, you can scan and use the PayNow QR Code on the right via your mobile banking app.

Our Programmes and Services:

Home-based
Personal Care

Caregiver Support
Group

Case Management
& Supportive
Counselling

Provision
Programme



UPCOMING EVENTS

DECEMBER

2

2 PM TO 5 PM

Handicraft Session

DECEMBER

3

1 PM TO 2.30 PM

Senior Dance Class

DECEMBER

4

2 PM TO 4 PM

*Christmas Ornament
Making Workshop*

DECEMBER

5

2 PM TO 5 PM

*Seniors Get-together
Session*

DECEMBER

5

2 PM TO 5 PM

Health Check-up

DECEMBER

9

2 PM TO 5 PM

Handicraft Session

DECEMBER

10

1 PM TO 2.30 PM

Senior Dance Class

DECEMBER

11

9.30 AM TO 12.30 PM

*Christmas Celebration
@ Gateway Theatre*

DECEMBER

12

2 PM TO 5 PM

*Seniors Get-together
Session*

UPCOMING EVENTS

DECEMBER

12

2 PM TO 5 PM

Health Check-up

DECEMBER

13

10 AM TO 11.30 AM

*"Art Therapy" Caregiver
Support Group (Eng)*

DECEMBER

15

1.30 PM TO 4 PM

Angklung Workshop

DECEMBER

16

2 PM TO 5 PM

Handicraft Session

DECEMBER

17

1 PM TO 2.30 PM

Senior Dance Class

DECEMBER

19

2 PM TO 5 PM

*Senior Get-together
Session*

DECEMBER

19

2 PM TO 5 PM

Health Check-up

DECEMBER

23

2 PM TO 5 PM

Handicraft Session

DECEMBER

24

1 PM TO 2.30 PM

Senior Dance Class

UPCOMING EVENTS

DECEMBER

26

2 PM TO 5 PM

*Senior Get-together
Session*

DECEMBER

26

2 PM TO 5 PM

Health Check-up

DECEMBER

29

8.30 AM TO 12.30 PM

*Fit & Fun
@ Gateway Theatre*

DECEMBER

30

2 PM TO 5 PM

Handicraft Session

DECEMBER

31

1 PM TO 2.30 PM

Senior Dance Class

Monthly Provisions & Grocery Vouchers

In our ongoing commitment to support seniors and caregivers in need, we extend a helping hand every second week of the month. Join us as we provide essential provisions and grocery vouchers to families facing challenging times.

To find out more about how you can **support us**, please visit <https://cwa.org.sg>.

DONATE



SUPPORT



VOLUNTEER



**Connect
with us!**