| 1. Non-Financial Information   |   |
|--|---|
| Name of Organisation:  | Contact Information   |
| Caregiving Welfare Association   |   |
| Address:   | Name of Contact Person: Gladys Chik<br>Telephone No: 64667957   |
| 3 Ghim Moh Road #01-294  | Fax No: 64665927  |
| Singapore 270003   | Email Address: contact@cwa.org.sg                               |
|  | Website Address: www.cwa.org.sg                                 |
|  |   |
| Charity Status   | IPC Status  |
| <ol> <li>Charity Regn No: 01778</li> <li>Charity Regn Date: 13 May 2004</li> </ol>                 | Commissioner of Charities – Charities Unit<br>IPC No. IPC000659 |
| , , , ,  | Effective Date : From 1 August 2014 – 31 July 2016              |
| Constitution: Society<br>Date of Establishment: 24 April 2004<br>ROS/RCB Regn No: ROS 0395/2003WEL |   |

# Objectives:

Provide assistance and care to enhance the quality of healthcare and well-being of the elderly and their caregivers.

## Vision:

CWA envisions to be a leading agency in caregiving for the elderly through services that enable more elders to maintain their independence.

## Mission:

To improve the quality of life of elderly through dependable direct care services, and to inculcate a generation of responsible and knowledgeable caregivers.

## **Programmes/Activities**

#### • For current year: On-going Services

Welfare; Counselling and Supportive Care; Information and Referral; Education and Homecare SkillsTraining; CWA Centre for Seniors - Therapeutic programmes and recreational sessions; Respite care; Health education talks/workshops; Wellness check; Social outings; Festive celebrations; Loan of equipment; Consultation on home assistive devices/daily aids; Home visits (non-medical); Caregiver training referral; free hair-cut for needy caregivers and elderly. Welfare Assistance: Assist in the form of monthly food ration for needy elderly.

Welfare Assistance: Assist in the form of monthly food ration for needy elderly.

Caregiver Support Group: For caregivers to come together to share and learn how other

caregivers have coped with similar situations.

<u>Ready To Care! Programme (Case Management)</u>: To facilitate a smooth transition from hospital to home.

<u>Home Nursing Care</u>: To provides quality home-based nursing care ensuring that the needy frail and home-bound elderly can recover in the solace of familiar surroundings instead of an institutional setting, which should be the last resort.

#### New Service – Eldersitter Programme

The Eldersitter Programme was initiated in March 2015 for the elderly and caregivers. We recognised that friendship is precious as one aged, especially those living alone. The Eldersitter Programme, not only provides friendship to the elderly, but also provides respite for the caregivers.

The Programme provides social and emotional support to them by lending a listening ear and also engaging them with mind stimulation activities such as puzzles, games, etc. Through this Programme, it will help prevent the feelings of loneliness and isolation amongst the elderly.