

## 1. Non-Financial Information

<b>Name of Organisation:</b> Caregiving Welfare Association	<b>Contact Information</b>
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<b>Charity Status</b>	<b>IPC Status</b>
1. Charity Regn No: 01778 2. Charity Regn Date: 13 May 2004  Constitution: Society Date of Establishment: 24 April 2004 ROS/RCB Regn No: ROS 0395/2003WEL	Commissioner of Charities – Charities Unit IPC No. IPC000659  Effective Date : From 1 August 2021 – 31 July 2024

### Objectives:

Provide assistance and care to enhance the quality of healthcare and well-being of the elderly and their caregivers.

### Vision:

CWA envisions to be a leading agency in caregiving for the elderly through services that enable more elders to maintain their independence.

### Mission:

To improve the quality of life of elderly through dependable direct care services, and to inculcate a generation of responsible and knowledgeable caregivers.

### Programmes/Activities

#### • For current year: On-going Services

##### ○ Elderly Wellness and Social Support

➤ Aimed at improving the physical, mental and emotional well-being of the elderly through:

- Social Engagement - Social Outing & Festive Celebrations Art and Craft Sessions
- In-house Health Screening
- Cognitive Health Programme
  - ❖ Mind-Able Programme for seniors (Cognitive Stimulating and Physical Activities)
- Home Personal Care Service
  - ❖ Provide home personal care to homebound seniors who require assistance in their daily Activities of Daily Living, such as personal hygiene, transferring, medical escort, etc.

##### ○ Welfare Support

➤ To assist seniors and caregivers to cope with difficult situations through:

- Caregiver Support Programme
  - ❖ Counselling
  - ❖ Case Management
  - ❖ Caregiver Support Group
  - ❖ Supermarket / Taxi Vouchers to support the needy seniors

##### ○ Education and Awareness

➤ To increase public awareness on healthy ageing, and to equip the elderly with adequate knowledge on ageing gracefully through:

- Annual Caregivers' Week
- Caregiver and eldercare related talks and workshops
- Educational Awareness Roadshows
- Inter-generational Programmes

### New Initiative – Home Personal Care Service

In November 2017, we launched another new service, which is the Home Personal Care Service for homebound seniors who require home care to enable them to age in place and also help ease caregivers' burden. Our goal is to defer or avoid long-term institutional care such that it is the very last resort rather than the default option after hospitalisation.