

## 1. Non-Financial Information

<b>Name of Organisation:</b> Caregiving Welfare Association (HQ)  <b>Address:</b> 3 Ghim Moh Road #01-294 Singapore 270003	<b>Contact Information</b>  Name of Contact Person: Gladys Chik Telephone No: 6466 7996 Email Address: contact@cwa.org.sg Website Address: www.cwa.org.sg
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<b>Charity Status</b>  1. Charity Regn No: 01778 2. Charity Regn Date: 13 May 2004  Constitution: Society Date of Establishment: 24 April 2004 ROS/RCB Regn No: ROS 0395/2003WEL	<b>IPC Status</b> Commissioner of Charities – Charities Unit IPC No. IPC000659  Effective Date: From 1 August 2024 – 31 July 2027
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### **Vision:**

Empowering caregivers, enriching seniors' lives – facilitating dignified ageing at home and in the community.

### **Mission:**

Supporting caregivers with resources, fostering independence for seniors, ensuring joyful ageing-in-place.

### **Programmes/Activities**

#### • **For current year: On-going Services**

##### ○ **Senior Wellness and Social Support**

➤ Aimed at improving the physical, mental and emotional well-being of the seniors through:

- Social & Educational Activities
- Home Assist
  - ❖ Provide home personal care to homebound seniors who require assistance in their daily Activities of Daily Living, such as personal hygiene, transferring, medical escort, etc.
- Preventative Care Programmes - Community Health Post
- Remote Monitoring & Support Programme

##### ○ **Welfare Support**

➤ To assist seniors and caregivers to cope with difficult situations through caregiver welfare and support programmes

- Case Management and Supportive Counselling
- Caregiver Support Group (Hybrid)
- Grocery / Transportation vouchers to support the needy seniors
- Provisions for needy seniors / families
- Information and Referral

##### ○ **Education and Awareness**

➤ To create awareness about the issues and challenges that caregivers face, and equip caregivers and the community to better meet the needs of seniors through:

- Caregivers' Workshops and Webinars
- Annual Flagship Event - Caregiving Week
- Resources for caregivers (Caregivers' Handbook & Editorial Write-up)
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### **New Initiatives: Launched in September 2025**

#### **CareJourney**

- Caregiver Support Group – Facilitated support sessions to share experiences and learn
- Journey Back To You – A guided 6-session art therapy journey to pause, reflect and reconnect.
- Caregiver Self-Care Programmes – Supporting well-being through restorative and enriching experiences