FOR IMMEDIATE RELEASE

Caregiving Welfare Association

MEDIA RELEASE

Futsal Unites Singapore to Champion Caregivers at Strike For Care 2026

Today, more than 210,000 caregivers in Singapore already dedicate countless hours to caring for ageing parents, spouses and loved ones, often juggling careers, families and their own well-being. As demand for care continues to grow, so too does the need to better recognise, support, and empower the individuals who form the backbone of Singapore's caregiving ecosystem.



To encourage greater community support for caregivers, Caregiving Welfare Association (CWA) will present Strike For Care 2026, a charity futsal tournament and community carnival on Sunday, 19 July 2026, at Delta Outdoor Courts. The event aims to raise S$150,000 to support programmes and services for seniors and their caregivers, while bringing together 27 futsal teams, more than 200 participants, 100 volunteers, over 20 supporting partners, and members of the public through the shared language of sport.

Strike For Care 2026 is supported by corporate donors Lee Foundation and AAL Shipping, alongside other supporting partners and donors who have made the event possible.

Supporting Singapore's Growing Caregiving Needs

All proceeds from Strike For Care 2026 will support CWA's programmes and services, including home-based care, caregiver support, respite care and community engagement initiatives.

These programmes provide practical assistance, emotional support, and opportunities for seniors and their caregivers to remain connected within the community.



In 2025, CWA delivered:

- 14,053 home-based care sessions to support homebound seniors and their caregivers
- 9,098 senior participations across social and educational activities
- 545 caregiver support interventions and participations across Caregiver Support Group sessions, Case Management & Supportive Counselling, and community resource navigation services

"Caregiving is one of society's most important responsibilities, yet it is often one of the least visible," said Mr Steven Yeo, Executive Director of Caregiving Welfare Association.

"Every day, we meet caregivers who are balancing work, family responsibilities, and their own well-being while caring for their senior loved ones. Strike For Care is an opportunity for the wider community to stand alongside them. Whether someone chooses to play, volunteer, donate, or simply show their support, every contribution helps remind caregivers that they are not alone."

A Community United Through Futsal

Special Olympics Singapore Team Takes to the Pitch

One of the highlights of Strike For Care 2026 is the participation of a team from Special Olympics Singapore, reflecting CWA's commitment to fostering an inclusive community where everyone can play a part in supporting seniors and their caregivers. Their participation celebrates the power of sport to unite people of all abilities while raising awareness for an important social cause.



“We are proud to be part of Strike For Care 2026, where sport becomes a powerful force for inclusion and community impact. This platform empowers our athletes to shine, build confidence, and forge meaningful connections, while championing a cause that uplifts seniors and their caregivers across our community,” said Mrs Linda Prebhash, Interim Executive Director of Special Olympics Singapore.

Youth-Led Carnival Inspires Community Giving

Beyond the futsal tournament, visitors can enjoy a vibrant community carnival featuring activities organised by youth volunteers and community partners.

As part of YMCA Youth For Causes, more than 20 student volunteers will be designing and conducting Tote Bag Painting and Coffee Scrub Workshops, alongside a fundraising merchandise booth. Their involvement highlights the positive impact that youth can make by championing caregiving and giving back to the community.

The carnival will also feature games designed by CWA’s senior beneficiaries with support

from The Good Earth School, Eco Fund, and RLA Foundation, highlighting their active role in the community.



Extending the Impact Through School Partnerships

The spirit of Strike For Care will continue beyond the main event through a special school edition organised in partnership with St. Andrew's Secondary School. Held as an internal school event on 20 August 2026, the initiative will bring together 16 student teams for a friendly futsal tournament in support of CWA's Strike For Care campaign.

By engaging students through sport and meaningful fundraising, the school edition aims to inspire the next generation to champion caregiving, community service and social responsibility, while raising greater awareness of the challenges faced by seniors and their caregivers.

Event Details

Strike For Care 2026 will be held on Sunday, 19 July 2026, from 9.00am to 6.00pm at Delta Outdoor Courts.

The event will bring together individuals, families, corporate teams, schools, and community partners for a day of charity futsal in support of seniors and their caregivers.

Participants will compete in the Open, Youth, and Kids tournament categories, while members of the public are welcome to attend, enjoy the carnival activities, and support the event.

For more information, please visit www.strikeforcare.sg.

About Caregiving Welfare Association (CWA)

Caregiving Welfare Association is a non-profit Social Service Agency (SSA) registered with the Registry of Societies, an Institute of Public Character (IPC) by the Ministry of Health (MOH), and a member of the National Council of Social Service (NCSS), dedicated to supporting seniors and their caregivers.

CWA provides dependable services in Wellness & Social Support, Welfare Support, and Education & Awareness, promoting dignified ageing within homes and communities. Guided by the core values of Compassion, Integrity, Respect, Excellence, and Trust, CWA is committed to fostering independence for seniors and supporting caregivers, ensuring joyful ageing-in-place.

For more information, please visit https://cwa.org.sg.

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